

October 2012 Training & Events Calendar



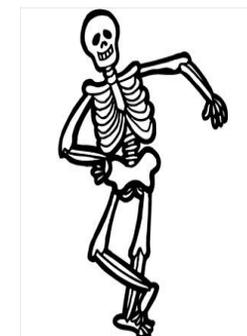
Mon	Tue	Wed	Thu	Fri	Sat
<p>1 Newcomers Orientation, 0900-1100</p> <p>MLFC Presentation: Traumatic Event Stress Response, 1215-1300</p>	<p>2 *Employment Orientation, 1245-1430</p> <p> Domestic Violence Awareness Month Kickoff, 1300-1500</p>	<p>3 *Baby Bundles/ Budgeting for Baby, 1000-1200</p> <p style="text-align: center;">ACS CLOSED 1200-1630 for Staff Professional Development</p>	<p>4 *Infant Massage, 1300-1400</p>	<p>5 </p> <p style="text-align: center;">PURPLE FRIDAYS</p> <p>*EFMP SCOR/ ORR, 0930-1030</p>	<p>6 *EFMP Open Swim, 1300-1700</p>
<p>8 ACS CLOSED in observance of Columbus Day</p> <p style="font-size: small;">Happy *Columbus Day!</p>	<p>9 *EFMP Orientation, 0900-1130</p> <p>*Playmorning, 1000-1200</p> <p>*Employment Orientation, 1245-1430</p>	<p>10 *SOS Retiree/Veteran Support Group, 1000-1130</p> <p>Spouse Meet & Greet, 1000-1200</p> <p>Army Volunteer Corps Orientation, 1100-1230</p>	<p>11 *1st Termers Money Management, 0800-1600</p> <p>*ABCs of Federal Employment/ Federal Resume Prep, 0900-1200</p> <p> Domestic Violence Awareness Info Table @ Fort Belvoir Community Hospital, 1000-1500</p> <p>*Infant Massage, 1300-1400</p> <p>CARE Team Training - Part I, 1300-1530</p>	<p>12 </p> <p style="text-align: center;">PURPLE FRIDAYS</p> <p>*Dads 101, 0900-1200</p>	<p>13 *EFMP Bowling, 1300-1500</p> <p>*EFMP Open Swim, 1300-1700</p>
<p>15 Domestic Violence Awareness Info Table @ Fort Belvoir Exchange, 1100-1400</p> <p>MLFC Presentation: Grief & Loss, 1215-1300</p>	<p>16 Playmorning, 1000-1200</p> <p>*Volunteer Management Information System (VMIS) Training, 1000-1300</p> <p>*Employment Orientation, 1245-1430</p>	<p>17 *Volunteer Management Information System (VMIS) Training, 1000-1300</p> <p>*Dollars & Sense, 1300-1600</p>	<p>18 *Welcome to Germany, 0930-1030</p> <p>*Volunteer Management Information System (VMIS) Training, 1000-1200</p> <p>CARE Team Wkshp & Training - Part II, 1100-1530</p> <p>*Infant Massage, 1300-1400</p> <p>Hearts Apart, 1800-2000</p>	<p>19 </p> <p style="text-align: center;">PURPLE FRIDAYS</p> <p>*EFMP ADD/ADHD & Autism/ Aspergers Parent Coffee, 1000-1100</p>	<p>20 *EFMP Open Swim, 1300-1700</p>
<p>22 MLFC Presentation: Survivor's Guilt, 1215-1300</p>	<p>23 *ADECCO Recruiting, By Appointment</p> <p>*Playmorning, 1000-1200</p> <p>*Basics of Investing, 1300-1500</p>	<p>24 Job Fair, 1000-1400 @ Belvoir Community Center, Bldg 1200 Taylor Rd</p>	<p>25 *Kelly Services Recruiting, By Appointment</p> <p>*AFTB Level II, 0930-1500</p> <p>*Car Buying & Leasing, 1200-1300</p> <p>*Infant Massage, 1300-1400</p> <p>*Welcome to Korea, 1330-1430</p>	<p>26 </p> <p style="text-align: center;">PURPLE FRIDAYS</p> <p>*EFMP Friday Family Fun Night, 1700-1900</p>	<p>27 *EFMP Open Swim, 1300-1700</p>
<p>29 MLFC Presentation: Using Leisure Time Well, 1215-1300</p>	<p>30 *Playmorning, 1000-1200</p> <p>*Employment Orientation, 1245-1430</p> <p>*SOS Life In Balance: Relaxation & Stress Relief, 1300-1430</p>	<p>31</p>	<p> October is Domestic Violence Awareness Month.</p> <p>Please join us on 2 October for the Kickoff, and stop by the Info Tables we'll have at the Belvoir Exchange & Belvoir Community Hospital. Show your support and help raise awareness by wearing PURPLE every Friday in October.</p>		

9800 Belvoir Rd, Bldg 200
Fort Belvoir, VA 22060
(703) 805-4590
DSN: 655-4590
TTY: (703) 805-1519
Toll Free: (866) 786-8664
FAP Hotline:
(703) 229-2374

All classes are held at ACS unless otherwise specified.

Please call the number (s) listed above or shown on [Page 2](#) to register for classes or for more information.

Pre-registration required for all events with an asterisk (*).



HOURS OF OPERATION

0730-1630, Mon-Fri
(except Federal Holidays)
(**Lending Closet: 0800-1600)

CLOSED from 1200-1630 on the first Wednesday of every month for staff training.



Class name	Location	Contact	Phone	Description	October 2012
Army Family Team Building (AFTB), Level I	ACS, Bldg 200	Faitheleen Henderson	703-805-4152	Army Basics—Expectations & Impact of the Mission on Family Life, Military Acronyms & Terms, The Chain of Command, Intro to Military Customs & Courtesies, Basic Military Benefits & Entitlements, Intro to Military & Civilian Resources, Intro to Family Readiness Group, Supporting your Child's Education, Intro to Family Financial Readiness, Basic Problem Solving. **FREE Childcare. Call for details and to register NLT 5 September 2012.	
CARE Team Training, Part I	ACS, Bldg 200	Carol Janer	703-805-5683	Learn what a CARE Team is & what the Volunteers do when activated. ***FREE Childcare if registered by 5 October 2012.	
CARE Team Workshop & Training, Part II	ACS, Bldg 200	Carol Janer	703-805-5683	Be certified to be a Fort Belvoir CARE Team Volunteer, or to set up your own unit CARE Team. ***FREE Childcare if registered by 12 October 2012.	
**Career Academy	Call for details.	Dale Jovero/ Laureen DuPree	703-805-1836	Courses in Computer Skills, Administrative Assistant field, Medical Terminology, Medical Office Specialist and Advanced Billing and Coding are being offered through ACS.	
Employment Orientation	ACS, Bldg 200	Dale Jovero/ Front Desk	703-805-4590/ 1836	Meet with reps from ERP, CPAC & NAF to start your job search. Must attend this class to be eligible for resume assistance, use of resource room, job referrals, etc. ***You MUST PRE-REGISTER for this workshop.*****	
**First-term Soldiers Money Management (MANDATORY)	ACS, Bldg 200	Front Desk/ Erica Drame	703-805-1833/4590	MANDATORY. A DoD financial program to provide 1st Term Soldiers with a proactive approach to financial management.	
Hearts Apart Support Group	ACS, Bldg 200	Amy Altersitz/Tammye Braddy	703-805-5058	A support group for families with a loved one away on Deployment / TDY / field duty, and an opportunity to learn about available resources and network with other families. **FREE Childcare. RSVP please.	
Newcomers' Orientation	ACS, Bldg 200	Amy Altersitz/ Tammye Braddy	703-805-5058	Learn about Fort Belvoir, community resources, & upcoming events. Meet the garrison commander & other post staff.	
Playmorning	ACS, Bldg 200	Sonja Footh/ Shadae Stringfield	703-805-4547/ 2693	Playmorning is back!! Come on out on Tuesday mornings to network with other parents, and to let your children play with other children. For children ages Birth to 5 yrs old.	
**Pre-Deployment & Reunion/ Re-integration Information	ACS, Bldg 200	Carol Janer	703-805-5683	Call to set up an appointment.	
SOS Life In Balance	ACS, Bldg 200	Maria Rodriguez	703-805-5487	Relaxation & Stress Relief - As stress levels build throughout the day, your body does not have a chance to relax and it remains in a state of heightened alert, taking a toll on your physical, emotional & mental health. In some cases, stress develops into chronic stress causing further damage. If you suffer from stress in your life, taking stress management classes teaches you the skills you need to live a life that is happier & healthier. ***This class is open only to Survivor of Fallen Soldiers.	
**SOS Retiree/Veteran Support Group	ACS, Bldg 200	Maria Rodriguez	703-805-5487	Support Group open only to all Retiree/Veteran Survivors. Group meets monthly (usually Wednesday) at the ACS Bldg. Call SOS office for more information and to register.	
Spouse Meet & Greet	Fairfax Village Community Center	Amy Altersitz/ Tammye Braddy	703-805-5058	This program will allow spouses new to the area to access the vast network of Army Family Programs that already exist in a welcoming and informal environment. *Please arrive promptly at 1000 in order to receive all information.	
**Volunteer Management Information System (VMIS)	ACS, Bldg 200	Faitheleen Henderson	703-805-4152	Learn how to navigate the system where you log your hours online. This training is critical to maintaining a current record of all active volunteers. Scheduled in 30 minute sessions. MUST pre-register.	
**Welcome to Germany / Korea	ACS, Bldg 200	Amy Altersitz/ Tammye Braddy	703-805-5058	PCSing to Germany or Korea for the first time, or the first time in years? This briefing includes information on life, customs and laws in your new location	



****Individuals requiring disability accommodations, please express needs in advance so that we may better assist you.**

****Classes marked with **require pre-registration. Please call the number (s) listed above. **Did you know.....ACS is on Facebook..... www.facebook.com/FortBelvoirACS**

****Email: gayla.m.anderson.civ@mail.mil to receive this calendar and other community events & info electronically.**

EFMP October Events



SCOR/ORR CLASS– Tools for Organization

Friday, 5 October 2012

0930-1030

SCOR: Special Care Organization Record

ORR: Orders, Records and Resources

Learning to organize important paper work is essential. Are you ready for your next move, job promotion, or IEP meeting? When is the last time you laid eyes on your birth certificate, social security card, or current copy of orders? Let us help. This class is designed to teach you how to organize your important documents and stay prepared for the many demands of a military lifestyle.

ORIENTATION

Tuesday, 9 October 2012

1000-1130

Every 2nd Tuesday of the month

Information for newly arrived or newly enrolled Soldiers with Exceptional Family Members. Come out and learn more about community resources, information and referral, advocacy, and programs available for Families with Special Needs. Army Community Service (ACS), Child, Youth & School Services (CYSS), Fairfax County School District, Medical EFMP Coordinator, and TRICARE representatives will be present to provide up-to-date information and resources.

EFMP BOWLING

Saturday, 13 October 2012

1300-1500

Every 2nd Saturday of the month

Please call to reserve your space. You will receive a confirmation email that you must bring to the Bowling Center. Sign-up is Monday - Thursday.

ADD/ADHD & AUTISM/ASPERGERS PARENT COFFEE

19 October 2012

1000-1100

Every 3rd Friday of the month

Informal forum where guests share community resources and network. Additionally, select community experts will be on hand to teach about and lead group discussions on the needs and resources for dependents with ADD/ADHD, Autism, and Aspergers.

FRIDAY FAMILY FUN NIGHT

Friday, 26 October 2012

1700-1900

Every 4th Friday of the month

Families enrolled in the ACS EFMP Program are invited to join in fun activities ranging from ice cream socials to seasonal crafts and video games. Families will enjoy refreshments and/or small meals at each Friday Fun Night event.

****All events (except bowling & swimming) will take place at Fort Belvoir ACS, Bldg 200.

*****For more information or to register call: (703) 805-5435/3436



DON'T
TURN YOUR BACK ON
DOMESTIC
VIOLENCE



www.belvoirmwr.com

Fort Belvoir Domestic Violence Awareness Month Activities

**Fort Belvoir Army Community Service
Family Advocacy Program presents
Domestic Violence Awareness Month 2012**

"Don't Turn Your Back on Domestic Violence" Resource Symposium

Tuesday, October 2 from 1:00 - 3:00 p.m. at ACS, Building 200

Featuring remarks by COL Gadson followed by a signing of the Domestic Violence Proclamation. Also featuring guest speaker Ms. Amanda Tenorio, Domestic Violence Survivor, Victim Advocate, Volunteer, and Inspirational Speaker. For more information, please call 703-805-1832/2693.

Domestic Violence Awareness Information Table

Thursday, October 11 from 10:00 a.m. - 3:00 p.m. at The Fort Belvoir Community Hospital

Domestic Violence Awareness Information Table

Monday, October 15 from 11:00 a.m. - 2:00 p.m. at the Fort Belvoir PX

Purple Fridays

Every Friday in October the Fort Belvoir community is encouraged to wear purple to help raise awareness and to show support.

For more information, please call 703-805-1832/2693.