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The power of saying "thank you"

"Thank you" - probably two of the most powerful words no matter what your language. My grandson is two years old and the other day I watched the smile that came to a waiter's eyes when he said, "thank you" after the waiter brought his food. I then watched as the waiter went back and shared the story with a co-worker. The magic that occurred in that moment was quite striking for me.

When we're young, most of our parents insist that we say "please" and "thank you" on a regular basis. It's interesting that as we grow to be adults and achieve success in our careers, we sometimes forget the power of those words.

"Feeling valued and appreciated" drives employee engagement. How do you show that you value and appreciate your colleagues? Simply put, saying "Thank you." It doesn't necessarily take monetary gifts to make people feel valued. It can be accomplished with simple words that let people know you appreciate them and the work they do.

Here's a simple three-step recognition process:

This is what I saw

This is the impact it had

Thank you

Try using this once or twice a day with colleagues. You'll find it only takes seconds and probably has a greater return on investment than anything else you can do in such a short time.

Thank you for CHOOSING EXCELLENCE. I appreciate all you do for Soldiers and Family.

Please share with those who do not access email at work.

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