

Dear Doctor,

If you decide medicines are necessary, Child and Youth Services (CYS) would like you to ensure the directions and medicine types comply with the Standing Operating Procedures that have been guided by DeWitt Chief of Pediatric Medicines and Chief of Community Health as well as Army Regulation 608-10.

Medications must have the standard: date, physician's name, child's name, medication name, start and finish date and dosage strength that includes the following:

**Specific instructions, frequency and specific times for usage**

The last item is bold to bring to your attention the critical need for these complete instructions to assist CYS staff in proper medication. PRN medications and medications prescribed twice daily or less are not permitted except for life threatening medications i.e Albuterol or Epi-Pen or time sensitive and directed medications.

Medications commonly used, but not limited to the list on the reverse side of this letter, are approved for dispensation in CYS programs.

Thank you!!!

CYS Staff

MCXA-PVM-CHN

Subject: Approved Medication Categories

**APPENDIX 4-1**  
**Fort Belvoir Child and Youth Services (CYS)**

Antibiotics- medications that destroy or stop the growth of infective agents:

<u>Trade Name</u>	<u>Generic Name</u>
Amoxil	Amoxicillin
Augmentin	Amoxicillin/Clavulanate
Bactrim/Septa	Trimethoprim/sulfamethoxazole
Dynapen	Dicloxacillin
EES, Eryped	Erythromycin Ethylsuccinate
Furadantin/Macrodantin	Nitrofurantoin
Gantrisin	Sulfisoxazole
Lorabid	Loracarbef
Pediazole	Erythromycin/sulfisoxazole
Penicillin	Penicillin
Suprax	Cefixime
Keflex	Cephalexin
Zithromax	Azithromycin

Antihistamines – medications used to relieve the symptoms of allergies

Atarax Syrup	Hydroxyzine
Benadryl	Diphenhydramine
Chlor-trimeton (CTM)	Chlorpheniramine
Dimetapp	Brompheniramine
	Maleate/Phenylpropanolamine
Claritin	Loratadine
Rondec	Carbinoxamine/Pseudoephedrine
Zyrtec	Cetirizine

Decongestants – medications used to reduce congestion and swelling in the nasal (nose) area and sinuses

Actifed	Triprolidine/Pseudoephedrine
Entex	Phenylephrine/Phenylpropanolamine
	Guaifenesin
Naldecon	Phenyltoloxamine/Chlorpheniramine
Robitussin	Guaifenesin
Sudafed	Pseudoephedrine

Topical Ointments

<u>Trade Name</u>	<u>Generic Name</u>
Diflucan	Fluconazole
Grifulvine-V	Griseofulvin
Hydrocortisone 1% cream	Hydrocortisone 1% cream
Kenalog	Triamcinolone cream
Mycolog II	Triamcinolone/Nystatin
Mycostatin	Nystatin
Tridesilon	Desonide cream/ointment
Westcort 0.2% cream	Hydrocortisone-valerate cream

