

VOLKSMARCH

trail route

The trail route planned for this event takes you along sidewalks and post roads on Fort Belvoir's North Post and past a cemetery. The course is largely flat with some hills. The slopes on the hills are not steep. The route is rated 2 due to the hills.

Weather conditions should have little effect on the trail rating.

Please do not bring backpacks, large bags or ice chests/coolers. All bags are subject to search. 100% ID check.



14th Annual Oktoberfest



2009 Oktoberfest VOLKSMARCH

Fort Belvoir, Virginia
October 1-4, 2009



Food • Drinks • Live Entertainment •
Carnival • Vendors • Dancing in the Fest Tent

Fest Hours

Thursday 6-10 pm
Friday 6 pm-12 midnight
Saturday 12 noon-12 midnight
Sunday 12 noon-8 pm



Please mail checks* and pre-registration forms to:

Kristin Mayer, CORD
5820 21st Street, STE. 211
Fort Belvoir, VA 22060

*Make all checks payable to IMWRF. Include SSN, address and phone number.

2009 Volksmarch Pre-registration Form

Name	Award & IVV Credit \$6	No Award or IVV Credit FREE
Total Cost		

Address _____ Zip Code _____
City/State _____ Evening Phone _____

10K Walk

October 3-4, 2009

Fort Belvoir, VA
AT/09/83302



VOLKSMARCH Information

Sponsored by Fort Belvoir and Northern Virginia Volksmarchers.

Sanctioned by:

The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). Participants in this event may receive credit towards IVV awards.

Eligibility:

This Volksmarch welcomes families, couples and individuals and is open to the public. All participants must read and sign the **Hold Harmless Release** before beginning the event. The signature of a parent or guardian is required for participants under age 18. Children 12 years and under must be accompanied by an adult.

Dates:

Saturday & Sunday, 3-4 October 2009

Start/Finish:

P-2 Field off US Route 1 (Richmond Highway)

Start Time:

Saturday/Sunday: Anytime between 10 am–2 pm

Finish Time:

Participants must complete the event by 5 p.m.

Distance:

One 10k Course. A 5k will also be available.

IVV Books:

IVV Event and Distance Books will be sold at the Start/Finish area. Those who have participated in previous sanctioned events are reminded to bring their IVV Books for credit.

Award:

The award for this event is a 100% embroidered 4" commemorative patch.

Procedure:

Check-in at the Start Table and sign a **Hold Harmless Release** (participants under 18 require the signature of a parent or guardian). Registrants will be issued start cards to present for stamping at control points along the trails. After completing the Volksmarch, the start card with appropriate stamps will be submitted at the finish table for completion of event and distance stamping IVV Books.

Fee*:

IVV Credit only..... \$3.00
IVV Credit and award..... \$7.00
Pre-registration** IVV Credit and award.... \$6.00

*Participation is FREE if IVV Credit and award are not required.
**Pre-registration deadline is Saturday, September 19. Please fill out form on back and send in.

Disclaimer:

The sponsors are not liable for accidents, thefts and/or material damage. Reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

Refreshments:

Water will be available at the START/FINISH area and the check point. You may purchase food and drink at the fest grounds.

For additional information, please contact:

Kristin Mayer
Phone: 703.805.1488
E-mail: kristin.mayer@us.army.mil

Bob McLean
Phone: 703.455.1878
E-mail: Rmcmamc@aol.com

Event Conditions:

The event will take place regardless of most weather. There will be no refunds. All pets must be on a leash on the route; **pets not allowed in fest area**. Participants must remove their pet's waste deposited along the trail. Smoking is prohibited. The trail can accommodate strollers and wagons; however, they may require portaging over road curbs. Trail is unsuitable for wheelchairs. Please bring extra water, sunglasses, sunscreen, and wear comfortable clothes and a hat. Dress in appropriate attire and sturdy footwear.

Directions from I-95:

From I-95 take **Exit 166A** (Newington/Fort Belvoir) and turn right onto Backlick Road which turn into Fairfax County Parkway. Turn left on Route 1 (Richmond Highway). Turn Right on Pohick Road and enter Fort Belvoir through Tully Gate.

Parking:

Please follow directional signs.

