

Facility Features

- ~ One (1) Meter Diving Board
- ~ Jacuzzi Hot Tub (Max: Eight People)
- ~ Suit Dryers
- ~ Exercise Station
- ~ Water Exercise Equipment (Kickboards, Jogging Belts, Flippers, etc.)
- ~ Extra Unisex Bathroom for Changing Clothes

Eligibility

- ~ Military Personnel, DOD Employees, Contract Employees and Immediate Family Members.
- ~ Eligible adults may sponsor up to three (3) guests. The sponsor is responsible for his/her guests.
- ~ Children under 13 must be accompanied by an adult, guardian or authorized childcare provider / sitter.
- ~ Children under 6 who cannot swim, or cannot stand in shallow water, must wear a Personal Flotation Device and be accompanied by a parent/guardian in the water. Close supervision of children 13 and under is required.

Admission

- ~ ID Cards must be presented. New pool patrons will receive a copy of pool rules and admission policy.
- ~ Daily passes may be purchased at all three pools.
- ~ Season passes and lesson registrations must be purchased at the Benyaurd Indoor Pool.
- ~ MWR Pool passes are not valid at the Officers' Club Pool. Officers' Club is for "Members Only".

Have a Pool Party

If you're celebrating a birthday, a graduation or hosting an organizational party, consider having it at the Benyaurd Indoor Pool. For your enjoyment we have floats, slides, diving board, jacuzzi and an outdoor patio picnic area.

Benyaurd Indoor Pool Rental Fees

1 - 5 p.m. ~ Saturdays
Spectators / Participants Prices per hour
1 - 25 \$30.00

5 - 9 p.m. ~ Saturdays
Spectators / Participants Prices per hour
1 - 20 \$50.00
21 - 40 \$75.00
41 - 60 \$95.00
61 - 80 \$120.00

No unscheduled groups of 10 or more.

Lane Rental: \$10.00 per hour

Available during limited hours at all pools. Requires two (2) weeks notice with deposit fee. Entire rental fee must be paid one (1) week in advance. Apply at the respective pool.



Benyaurd Indoor Pool



Fort Belvoir Aquatics

Building 182

23rd & Gunston Rd.

703.805.2620

www.belvoirmwr.com/pools



Pool Fees

Daily Fees

E-1 - E-5.....	\$1.50
E-6 & Above, Civilian / DOD Contractor/Retirees.....	\$2.50
Children.....	\$1.50
Children 3 & Under (Family Member).....	FREE
Children 3 & Under (Guests).....	\$1.50

Pool Passes

Single (18 & Up)			
	Daily	4 Month	12 Month
E-1 - E-5	\$1.50	\$10.00	\$20.00
E-6 & Above, Civilian / DOD Contractor/Retirees	\$2.50	\$35.00	\$70.00

Family (Immediate Family Members Only)

	4 Month	12 Month
E-1 - E-5	\$15.00	\$30.00
E-6 & Above	\$65.00	\$125.00

Water Aerobics

If you're looking for a good all-around form of exercise, why not try a Water Fitness Workout. Water workouts burn calories with every movement because they work muscles in both directions. Try it first FREE. The program is a 55 minute workout.

10 Visit Water Exercise Pass.....\$40.00

Monday

~ Shallow: 8:30 - 9:25 a.m. ~ Deep: 9:30 - 10:25 a.m.

Wednesday

~ Shallow: 8:30 - 9:25 a.m. ~ Deep: 9:30 - 10:25 a.m.
~ Shallow / Deep Combined: 6:15 - 7:10 p.m.

Aquatic Instructor

Saturdays & Sundays, 1 - 7 p.m.

~ 7 - 22 November
~ 10, 11, 17, 24 April & 1, 8 May

CPR & AED for the Professional Rescuer

Saturday, 1 - 6:30 p.m. (one day review course)

~ 15, 22, 29 May
~ 5, 12, 19 June

Pre-requisite: Must be Red Cross CPR & AED PR certified.

Lifeguard Training

Friday and Sunday

~ 16 October - 1 November
~ 9 January - 24 January
~ 12 February - 28 February
~ 5 March - 21 March
~ 16 April - 2 May
~ 7 May - 23 May

Monday - Saturday

~ 29 March - 3 April
~ 28 June - 3 July
~ 12 July - 17 July

Monday / Wednesday / Friday

~ 7 June - 18 June

Pre-requisites: Be able to swim 300 yards, Minimum age of 15, able to retrieve a 10 lbs. weight from bottom of pool.

Recreational Swimming

Monday	9 - 11:30 a.m.	3:30 - 5 p.m. / 7 - 8:30 p.m.
Tuesday	9 - 11:30 a.m.	No Rec. Swimming
Wednesday	9 - 11:30 a.m.	3:30 - 5 p.m. / 6 - 8:30 p.m.
Thursday	9 - 11:30 a.m.	No Rec. Swimming
Friday	9 - 11:30 a.m.	3:30 - 5 p.m. / 7 - 8:30 p.m.
Saturday	1 - 5 p.m.	
Sunday	1 - 5 p.m.	

Lap Swimming

Adult lap swimmers have priority in lap lanes. Youth lap swimmers must be able to swim at least 100 yards continuously and know lap swimming etiquette. Free Admission for Active Duty Military.

Monday	6 a.m. - 1 p.m.	3:30 - 8:30 p.m.
Tuesday	6 a.m. - 1 p.m.	3:30 - 8:30 p.m.
Wednesday	6 a.m. - 1 p.m.	3:30 - 8:30 p.m.
Thursday	6 a.m. - 1 p.m.	3:30 - 8:30 p.m.
Friday	6 a.m. - 1 p.m.	3:30 - 8:30 p.m.
Saturday	12 - 5 p.m.	
Sunday	12 - 5 p.m.	

Special Events

No School Play at the Pool

~ 12 October ~ 2-3 November ~ 29 January ~ 1 February
~ 29 March - 2 April, 1 - 4 p.m.

Guard Start, Monday - Thursday, 29 March - 2 April, 9 - 11 a.m.

Spring Break at the Pool, Monday - Friday, 6 - 10 April, 1 - 4 p.m.

Intramural Swimming Championships, Friday, 30 July, 5:30 p.m.

Learn to Swim

For the scheduled times and levels consult our lesson flyers or www.belvoirmwr.com/pools. We have classes for youth and adults of all abilities.

Refund Policy: Medical Reasons, TDY and PCS moves only.

Monday / Wednesday.....\$45.00

~ 14 September - 7 October
~ 14 October - 9 November
~ 16 November - 16 December
~ 11 January - 8 February
~ 15 February - 10 March
~ 15 March - 14 April
~ 26 April - 19 May

Tuesday / Thursday.....\$45.00

~ 15 September - 8 October
~ 20 October - 12 November
~ 17 November - 17 December
~ 12 January - 4 February
~ 16 February - 11 March
~ 16 March - 15 April
~ 27 April - 20 May

Saturday.....\$27.50

~ 19 September - 10 October
~ 24 October - 14 November
~ 21 November - 19 December
~ 16 January - 6 February
~ 20 February - 13 March
~ 20 March - 17 April
~ 1 May - 22 May

Sunday.....\$27.50

~ 20 September - 11 October
~ 25 October - 15 November
~ 22 November - 20 December
~ 17 January - 7 February
~ 21 February - 14 March
~ 21 March - 18 April
~ 2 May - 23 May

Discount for Second Family Member

~ Monday / Wednesday.....\$35.00
~ Tuesday / Thursday.....\$35.00
~ Saturday or Sunday.....\$20.50

Private Lessons (Monday - Thursday)

One Person.....\$25.00
Two Family Members.....\$40.00