



Margaritaville BEACH

PARTY SPIN CLASS!



Thursday, July 16
11:45 am–12:45 pm

Enjoy cool beach music & get in shape for summer as you spin off those 500 calories!

Spin room decorated in beach theme!

Contests to win prizes!

Free t-shirt!

Attend spin classes weekly: Mon/Wed/Thu 6–7 am & Tue/Thu 11:45 am–12:45 pm.
Aerobic pass members: no charge (already paid for pass). Walk-in fee: \$5

703.806.5368

www.belvoirmwr.com

