



Family Advocacy Program (FAP)

9800 Belvoir Rd, Bldg. 200
Fort Belvoir, VA 22060

For more information, call (703) 805-2693

Program Manager

Melissa Lilliewood (703) 805-3980

Victim Advocacy Program

Angela Byrd, Victim Advocate/SARC (703) 805-3980

Lisa Heck, Victim Advocate/SARC (703) 805-1832

Emergency, 24 Hour Number: (703) 919-0986

New Parent Support Program

Christina Walz-Rios, Coordinator/Home Visitor (703) 805-4547

LaSundra Hursey, Home Visitor (703) 805-2781

Educator

Diane Pierre, (703) 805-3339

Outreach Coordinator

Breva Spencer, (703) 805-2561

FAP Specialist/Play Morning

Sonia Cate, (703) 805-2693



Some classes that the Family Advocacy Program offers:

Active Parenting Now

5 week series for parents of children ages 5–11. This class demonstrates how parents can improve communication skills with their children. *For more information please call 703-805-3339/2561.*

Active Parenting Stepfamilies

5 week series for parents and stepparents of children of all ages. *For more information please call 703-805-3339/2561.*

Love and Logic Parenting

5 week series that provides simple and practical techniques to help parents have less stress and more fun while raising responsible kids. The class will be held on 6, 13, 20, 27 August and 3 September at 5 pm at ACS and again on 5, 12, 19 November and 3, 10 December. Pre-registration is required. *For more information please call 703-805-3339/2561.*

Sailing Solo

This single parent support group will meet on the 2nd and 4th Tuesday of each month from 12–1 pm at ACS. *For more information please call 703-805-3339/2561.*

Couples Communication Class

This class enables couples to learn effective communication skills and conflict resolution. The class is offered in partnership with the Chaplain's Office. Class is free, but pre-registration is required. *For more information, please call 703-805-3339/2693.*

Life Skills for Teens

A program designed for teens that enables them to obtain valuable information and skills necessary to make informed decisions about different situations. *For more information, please call 703-805-3339/2693.*

Dating Violence

This class provides participants with valuable information about dating violence and offer strategies to promote healthy relationships. *For more information, please call 703-805-3339/2693.*

Co-Parenting

This class offers information about the process of divorce and teaches practical skills necessary to create a two household family. The class will be held on 23 July at 5 pm at ACS. Class is free, but pre-registration is required. *For more information, please call 703-805-3339/2693.*

Stress Management

This class enables participants to obtain information about stress and stress management. It will be held on 14 May at 10 am at ACS. Class is free, but pre-registration is required. *For more information, please call 703-805-3339/2693.*

Holiday Stress Management

This class enables participants to obtain information about stress and stress management during the holiday season. *For more information, please call 703-805-3339/2693.*

Classes that are mandatory for troops:

Domestic Violence Prevention Training

Sexual Assault Prevention Training

Child Abuse Prevention Training (if you work or volunteer with children)

For more information, please call 703-805-3339/2693/2631/1832

Victim Advocacy Program

Provides services and support to military personnel and family members who may be victims of sexual assault and/or domestic violence. Services include: safety planning, crisis intervention, information and referral, command and community education.

For more information, please call 703-805-2631/1832.

For 24 hour Emergency situations call: 703-805-919-0986.