



adventure



art



life



fit

the edge

August 2010

free!

Mondays—Adventure EDGE!

Kayaking

Explore the basin from the water!

Tuesdays—Art EDGE!

Create-A-Skate

Cut, sand, shape and paint your own skateboard deck!

Wednesdays—Life EDGE!

DJ Lessons

Learn from Best Kept Secret's Lead DJ—DJ DeRico!

Wednesdays—Adventure EDGE!

Back Country Cooking

Learn how to cook while camping!

Thursdays—Fit EDGE!

Water's Edge

There is more to the pool than swimming!

Fridays—Fit EDGE!

Functional Strength Training

Get a complete workout with a professional!

Programs take place between 3:30 and 5:30 p.m. and are open to youth in grades 6-12th that are registered with CYS Services. Transportation is provided from the Youth Center (bus departs at 3:15 p.m.). Youth may join the program at the location. No fees are required to participate.

enrollment

If your child is already registered with CYS Services they can be enrolled into the activity over the phone at 703.805.9118 or online at <https://webtrac.mwr.army.mil/webtrac/belvoircyms.html>

information

703.805.1906/9117 ~ www.belvoirmwr.com

