



February 2010 - Training and Events Calendar



Mon	Tue	Wed	Thu	Fri	Sat
<p>1 ****Newcomer's Orientation, 0900-1100****</p> <p>****NEW LOCATION, BLDG 200 (ACS)****</p>	<p>2 Play-Morning, 1000-1200</p> <p>*Employment Orientation, 1245-1430</p> 	<p>3 Spouse Meet & Greet, 1000-1200</p> <p>*EFMP Adaptive Aquatics, 1700-1745</p>	<p>4 * NMFA and New FRG Fundraising Guidance, 1030-1200</p> <p>*ABC's of Federal Employment, 1000-1200</p> <p>*EFMP Parent Support Group, 1830-2030</p>	<p>5 *Budgeting For Baby/ Baby Bundles, 1300-1600</p>	<p>6 *EFMP Open Swim, 1300-1700</p>
<p>8 *Pre-Deployment Workshop, 1000-1200</p>	<p>9 Play-Morning, 1000-1200</p> <p>*Sailing Solo, 1200-1300</p> <p>*Employment Orientation, 1245-1430</p> <p>*Home Buying Workshop, 1300-1600</p> <p>*Love & Logic Parenting, 1700-1900</p>	<p>10 *AFTB Level III, 0930-1500</p> <p>*EFMP Adaptive Aquatics, 1700-1745</p>	<p>11 *1st Termer's Money Management, 0800-1600</p> <p>*AFTB Level III, 0930-1500</p> <p>*Federal Resume Preparation/ KSA's, 1000-1200</p> <p>*New Mother's Support Group, 1800-1930</p>	<p>12 *AFTB Level III, 0930-1500</p> 	<p>13 *EFMP Bowling, 1300-1500</p> <p>*EFMP Open Swim, 1300-1700</p>
<p>15 ACS CLOSED IN OBSERVANCE OF PRESIDENT'S DAY</p> 	<p>16 Play-Morning, 1000-1200</p> <p>*Employment Orientation, 1245-1430</p> <p>AVC/AFAP/AFTB Council Meeting, 1300-1430</p> <p>*Love & Logic Parenting, 1700-1900</p>	<p>17 *FRG Advanced Course, 0900-1200</p> <p>*How To Get The Most Out Of Your Bank or Credit Union, 1130-1300</p> <p>*EFMP Adaptive Aquatics, 1700-1745</p>	<p>18 *Welcome to Germany, 0930-1030</p> <p>*Kelly Recruiting Session, 1000-1400 (BY APPT)</p> <p>ACS Volunteer Orientation, 1100-1230</p> <p>Heart's Apart, 1800-2000</p>	<p>19</p>	<p>20 *EFMP Open Swim, 1300-1700</p>
<p>22 *Reunion Workshop, 0900-1030</p> <p>*Reintegration Workshop, 1030-1200</p> <p>*ADECCO Recruiting Session, 1000-1400 (BY APPT)</p> <p>\$\$\$\$\$</p>	<p>23 Play-Morning, 1000-1200</p> <p>*Thrift Savings Plan, 1130-1230</p> <p>*Sailing Solo, 1200-1300</p> <p>*Employment Orientation, 1245-1430</p> <p>*Love & Logic Parenting, 1700-1900</p>	<p>24 *Score More With Good Credit, 1130-1230</p> <p>*EFMP Adaptive Aquatics, 1700-1745</p>  <p>\$ 21-28 FEBRUAR 2010 is</p>	<p>25 *Basic Investing, 1130-1230</p> <p>*Welcome to Korea, 1330-1430</p> <p>*Co-Parenting, 1700-1900</p> <p>*New Mother's Support Group, 1800-1930</p> <p>*Autism Class, 1830-2100</p> <p>MILITARY SAVES WEEK. \$</p>	<p>26 Department of Homeland Security Job Fair, 1000-1200</p> <p>*Navigating Your Way To Better Money Management, 1130-1300</p> 	<p>27 *EFMP Open Swim, 1300-1700</p>  <p>\$\$\$\$\$</p>

8900 Belvoir Rd, Bldg 200
Fort Belvoir, VA 22060
(703) 805-4590
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All classes are held at ACS unless otherwise specified.

Please call the number (s) listed on [Page 2](#) to register for classes or for more information.

Pre-registration required for all classes with an asterisk (*).

HOURS OF OPERATION
0730-1630, Mon-Fri
(except Federal Holidays)

CLOSED from 1200-1630 on the first Wednesday of every month for staff training.

LENDING CLOSET HOURS
0800-1600

**Individuals requiring disability accommodations, please express needs in advance so that we may better assist you.

**Email: belvoiracs@conus.army.mil to receive this calendar and other community events & info electronically.



Class name	Location	Contact	Phone	Description	February 2010
**AFTB Level III	ACS, Bldg 200	Colandra Sealey	703-805-5556	Leadership & Personal Development.....Army Family Team Building is a Fun, Educational program designed for Military families to enhance one's knowledge of the military and develop leadership skills. FREE CHILDCARE IF YOU REGISTER BY 29 JANUARY. MUST BE REGISTERED WITH CYS.	
**Autism Class	ACS, Bldg 200	Laury Bitecofer	703-805-2967/5435	TOPIC: "TRICARE and Other Benefits for Military Parents with Children with Autism and Other Cognitive Disabilities", shortened "Safety Considerations for Parents of Individuals with Autism and Other Cognitive Disabilities". Guest Speaker: LTC Scott Campbell.	
**Baby Bundles/ Budgeting for Baby	ACS, Bldg 200	Chris Walz-Rios/ Front Desk	703-805-4547/4590	Learn how to care for and financially prepare for your baby. Presented by the new Parent Support Program and the Financial Readiness Program. Class is limited to 12 participants per month, so register early.	
**Co-Parenting	ACS, Bldg 200	Diane Pierre	703-805-3339	This class offers valuable information about the process of divorce and practical skills necessary to create a two-household family.	
**Career Academy	Call for details.	Dale Jovero/ Laureen DuPree	703-805-3126	Courses in Computer Skills, Administrative Assistant field, Medical Terminology, Medical Office Specialist and Advanced Billing and Coding are being offered through ACS.	
**EFMP Adaptive Aquatic Swim	Benyaurd Indoor Pool	Laury Bitecofer	703-805-2967/5435	FREE Adaptive Swim Classes for persons enrolled in EFMP. Limited space.	
**EFMP Bowling	Bowling Center, Bldg 1199 Middleton Rd	Laury Bitecofer	703-805-2967/5435	FREE Bowling for persons enrolled in EFMP and their immediate Family Members. Must be registered with ACS EFMP to be eligible. Space is limited, call to register for this event.	
**EFMP Open Swim	Benyaurd Indoor Pool	Laury Bitecofer	703-805-2967/5435	FREE Open Swim time for persons enrolled in EFMP. MUST have EFMP Pool Pass.	
**EFMP Parent Support Group	ACS, Bldg 200	Laury Bitecofer	703-805-2967/ 5435	TOPIC: Legal considerations for guardianship of your special needs child. A representative from the Fort Belvoir Staff Judge Advocate will be the guest speaker.	
**Employment Orientation	ACS, Bldg 200	Dale Jovero/ Front Desk	703-805-3126/4590	Meet with reps from ERP, CPAC & NAF to start your job search. Must attend this class to be eligible for resume assistance, use of resource room, job referrals, etc.	
**First-term Soldiers Money Management (MANDATORY)	ACS, Bldg 200	Front Desk/ Ryan Yarnell	703-805-4590/2606	MANDATORY for 1st Term Enlisted. A DoD financial program to provide 1st Term Soldiers with a proactive approach to financial management.	
FRG Roundtable	ACS, Bldg 200	Carol Janer	703-805-5683	For all FRG Leaders, Unit CDRs, 1SGs & FRG Volunteers; Register FRG with us, receive FRG Updates, Topic for the Month: "I didn't know...FRG Resources." *FREE Childcare available with 2-week advance registration.	
Hearts Apart Support Group	ACS, Bldg 200	Tammye Braddy	703-805-3436	A support group for families with a loved one away on Deployment / TDY / field duty, and an opportunity to learn about available resources and network with other families. **FREE Childcare.	
**Infant Massage	Dewitt Army Hospital	Christina Walz-Rios/Front Desk	703-805-4547/4590	Learn to calm and soothe your baby through nurturing touch.	
*Love & Logic Parenting	ACS, Bldg 200	Diane Pierre	805-3339	5-week series that provides simple and practical techniques to help parents have less stress and more fun while raising responsible kids. ***Pre-registration is required.	
**New Mother Support Group	ACS, Bldg 200	Chris Walz-Rios	703-805-4547	FREE support group for mothers with children under 1 yr old. Child under 1 may accompany mother to group. No other children allowed.	
Newcomers' Orientation	***NEW LOCATION*** ACS, Bldg 200	Tammye Braddy/ Vivica DeVaughn	703-805-3436/ 5058	Learn about Fort Belvoir, community resources, and upcoming events. Meet the garrison commander & other post staff.	
**Play morning	Outdoor Recreation/ Archery, Bldg 778	Carelease Kouneski	703-805-2693	FREE playgroup for parents and children featuring songs, stories, activities and toys. Great opportunity for children and parents to socialize. Suitable from birth—5yr old.	
Pre-deployment Workshop	ACS, Bldg 200	Carol Janer	703-805-5683	For deploying soldiers, DoD civilians and/or family members. Learn how to prepare for and survive deployments, and find out about resources available to you during this time. **FREE Childcare available with 2-week advance registration.	
Reunion/Re-integration Workshop	Family Life Center, Bldg 1186 Gunston Road	Family Life Center	703-805-2742	For any soldiers & families who've reunited within the past 3-6 months following a deployment. **FREE Childcare available with 2-week advance registration	
**Sailing Solo	ACS, Bldg 200	Diane Pierre	703-805-3339	A single parent support group for Active Duty and Family members.	
Spouse Meet & Greet	Vernondale Village Community Center	Tammye Braddy/ Vivica DeVaughn	703-805-3436	This program will allow spouses new to the area to access the vast network of Army Family Programs that already exist in a welcoming and informal environment. ***Please arrive promptly at 1000 in order to receive all information.	
**Welcome to Germany / Korea	ACS, Bldg 200	Vivica DeVaughn	703-805-5058	PCSing to Germany or Korea for the first time, or the first time in years? This briefing includes information on life, customs and laws in your new location	